



Fecha 31/08/2019

## V CARRERA DE LA SANDIA 5KM

Pos	Nombre	Dorsal	Categoría	P. Cat	Equipo	T. Oficial	T. Neto	Ritmo	Dif
1	DANIEL CORROCHANO DIEGO	184	GENERAL M	1	26MILLAS-MATICAL	00:16:01	00:16:01	3:12 min/km	+00:00:00
2	JAVIER BALLESTEROS GONZALEZ	142	GENERAL M	2	OFICINA JURIDICA BALLESTEROS	00:16:12	00:16:12	3:14 min/km	+00:00:10
3	ANDRÉS GONZÁLEZ GUDIEL	276	GENERAL M	3	VELADA RUNNERS	00:17:08	00:17:08	3:25 min/km	+00:01:07
4	ELIAS HERNANDO CORROCHANO	288	GENERAL M	4	INDEPENDIENTE	00:17:29	00:17:29	3:29 min/km	+00:01:27
5	NACHO HERRERO GONZÁLEZ	290	GENERAL M	5	26MILLAS MATICAL	00:17:33	00:17:33	3:30 min/km	+00:01:31
6	JOSE MANUEL FERNANDEZ BOÑAL	217	GENERAL M	6	FISIOTERAPIA JULIO CORRAL	00:17:52	00:17:52	3:34 min/km	+00:01:50
7	DIEGO CALVO GÓMEZ	169	GENERAL M	7	VELADA RUNNERS	00:18:05	00:18:05	3:37 min/km	+00:02:03
8	JULIO FIGUEIRA GONZALEZ	232	GENERAL M	8	INDEPENDIENTE	00:18:11	00:18:11	3:38 min/km	+00:02:09
9	CÉSAR GÓMEZ JIMÉNEZ	259	GENERAL M	9		00:18:19	00:18:16	3:39 min/km	+00:02:17
10	JUAN ANTONIO ARAUJO FERNANDEZ	138	GENERAL M	10	26 MILLAS	00:18:32	00:18:32	3:42 min/km	+00:02:30
11	DANIEL REDONDO SANCHEZ	363	GENERAL M	11	TALAVERA TRAINING	00:18:33	00:18:32	3:42 min/km	+00:02:32
12	ALVARO CANO CANO	172	GENERAL M	12	NAVAMORCUENDE CORRE	00:18:40	00:18:40	3:44 min/km	+00:02:39
13	JESÚS SÁNCHEZ-IZQUIERDO	398	GENERAL M	13	SOL NACIENTE TALAVERA	00:18:57	00:18:57	3:47 min/km	+00:02:55
14	IVAN MASÓ MUÑOZ	319	GENERAL M	14	INDEPENDIENTE	00:18:59	00:18:57	3:47 min/km	+00:02:57
15	JORGE VICENTE LUMBRERAS	417	GENERAL M	15	TALAVERA TRAINING	00:19:04	00:19:04	3:48 min/km	+00:03:02
16	UNAI MARQUEZ SANCHEZ	304	CADETE M	1	UDAT	00:19:29	00:19:28	3:53 min/km	+00:03:27
17	OSCAR GÓMEZ MERINO	262	GENERAL M	16	VELADA RUNNERS	00:19:31	00:19:31	3:54 min/km	+00:03:29
18	VÍCTOR MANUEL GÁMEZ MORALES	236	GENERAL M	17	CLUB TALAVERA TRAINING	00:19:51	00:19:48	3:58 min/km	+00:03:49
19	CARLOS GONZÁLEZ ALONSO	271	GENERAL M	18		00:20:01	00:20:01	4:00 min/km	+00:03:59
20	DIEGO CALVO JIMENEZ	170	GENERAL M	19	VELADA RUNNERS	00:20:04	00:20:04	4:00 min/km	+00:04:03
21	JOSE RICARDO GARCIA GOMEZ	242	GENERAL M	20	INDEPENDIENTE	00:20:14	00:20:14	4:02 min/km	+00:04:13
22	JORGE DEL PINO DEL PINO	204	GENERAL M	21	TALAVERA TRAINING	00:20:22	00:20:18	4:04 min/km	+00:04:20
23	PEDRO PABLO URDIALES SOLA	412	GENERAL M	22	CDE OROPESA CORRE	00:20:27	00:20:26	4:05 min/km	+00:04:25
24	ROBERTO GIL GUTIERREZ	249	GENERAL M	23	TALAVERA TRAINING	00:20:33	00:20:33	4:06 min/km	+00:04:31
25	IVAN ROLDAN ARAUJO	383	GENERAL M	24		00:20:36	00:20:36	4:07 min/km	+00:04:34
26	JAVIER BARRAJON SANCHEZ	145	GENERAL M	25	NAVARMORCUENDE CORRE	00:20:37	00:20:35	4:07 min/km	+00:04:36
27	HELENA FERNÁNDEZ DE TENA	219	GENERAL F	1	TALAVERA TRAINING	00:20:47	00:20:46	4:09 min/km	+00:04:45
28	LUIS BERMEJO LUMBRERAS	146	CADETE M	2	INDEPENDIENTE	00:21:06	00:21:02	4:13 min/km	+00:05:04
29	LUCAS SERRANO SEGUNDO	403	CADETE M	3	UDAT	00:21:11	00:21:11	4:14 min/km	+00:05:09
30	ALBERTO RAFAEL DE LA CRUZ	357	GENERAL M	26	INDEPENDIENTE	00:21:15	00:21:03	4:15 min/km	+00:05:13
31	GUSTAVO GUDIEL MACHIN	282	GENERAL M	27	C.D.DARKSIDE TRIATLON TALAVER	00:21:16	00:21:14	4:15 min/km	+00:05:14
32	DANIEL SIGANO PAYO	404	GENERAL M	28	C.D.DARKSIDE TRIATLON TALAVER	00:21:16	00:21:14	4:15 min/km	+00:05:14
33	SERGIO GARCIA FRAILE	239	GENERAL M	29	INDEPENDIENTE	00:21:17	00:21:12	4:15 min/km	+00:05:15
34	SAMUEL CALVO GÓMEZ	168	GENERAL M	30		00:21:19	00:21:15	4:15 min/km	+00:05:17
35	FRANCISCO CUBELOS SANCHEZ	419	GENERAL M	31	INDEPENDIENTE	00:21:25	00:21:23	4:17 min/km	+00:05:24
36	ALBERTO ANTONA FERNÁNDEZ	137	GENERAL M	32		00:21:26	00:21:23	4:17 min/km	+00:05:24
37	FELIPE HERNANDO BARROSO	287	GENERAL M	33	INDEPENDIENTE	00:21:26	00:21:22	4:17 min/km	+00:05:24
38	BORJA VALERO BENITO	413	GENERAL M	34		00:21:28	00:21:27	4:17 min/km	+00:05:26
39	VICTOR MUÑOZ RODRÍGUEZ	334	GENERAL M	35		00:21:30	00:21:27	4:18 min/km	+00:05:28
40	MIGUEL FUENTES TRIÑANES	233	GENERAL M	36	INDEPENDIENTE	00:21:46	00:21:46	4:21 min/km	+00:05:44
41	JESUS MARTÍN BERRACO	306	GENERAL M	37	INDEPENDIENTE	00:21:57	00:21:54	4:23 min/km	+00:05:55
42	ISABEL LÓPEZ PINTOR PÉREZ	300	GENERAL F	2	INDEPENDIENTE	00:21:59	00:21:59	4:23 min/km	+00:05:57
43	NICOLÁS MARTÍNEZ SÁNCHEZ	316	GENERAL M	38	INDEPENDIENTE	00:22:03	00:21:55	4:24 min/km	+00:06:01
44	FERNANDO BERRACO LAGARTERA	152	CADETE M	4		00:22:07	00:22:03	4:25 min/km	+00:06:05



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Pos	Nombre	Dorsal	Categoría	P. Cat	Equipo	T. Oficial	T. Neto	Ritmo	Dif
45	MANUEL ZAMORA HERRERA	418	GENERAL M	39	INDEPENDIENTE	00:22:11	00:22:06	4:26 min/km	+00:06:09
46	ENRIQUE ALONSO MONJA	134	GENERAL M	40	NAVAMORCUENDE CORRE	00:22:13	00:22:06	4:26 min/km	+00:06:11
47	DAVID GÓMEZ MERINO	264	GENERAL M	41	VELADA RUNNERS	00:22:16	00:22:12	4:27 min/km	+00:06:14
48	ENRIQUE REAÑO GARCÍA	360	GENERAL M	42		00:22:16	00:22:13	4:27 min/km	+00:06:14
49	ALEJANDRO ALONSO SALCEDO	135	GENERAL M	43	NAVAMORCUENDE CORRE	00:22:25	00:22:18	4:29 min/km	+00:06:23
50	ÁLVARO AYUSO FERNÁNDEZ	140	GENERAL M	44	INDEPENDIENTE	00:22:25	00:22:16	4:29 min/km	+00:06:23
51	DEMETRIO GARCÍA GARVÍN	241	GENERAL M	45		00:22:26	00:22:18	4:29 min/km	+00:06:24
52	JESUS RUIZ DEL PINO	387	GENERAL M	46	INDEPENDIENTE	00:22:31	00:22:24	4:30 min/km	+00:06:29
53	GREGORIO MARTIN SANCHO	314	GENERAL M	47	TEAM RUNING	00:22:36	00:22:30	4:31 min/km	+00:06:34
54	JUAN MIGUEL GARRIDO HERNÁN	247	GENERAL M	48	TEAM RUNING	00:22:36	00:22:30	4:31 min/km	+00:06:34
55	ALBERTO TEJERA CALVO	406	GENERAL M	49		00:22:36	00:22:33	4:31 min/km	+00:06:34
56	OSCAR RESINO PELIGROS	367	GENERAL M	50		00:22:36	00:22:33	4:31 min/km	+00:06:35
57	MARCOS FERNANDEZ MERINO	227	GENERAL M	51	INDEPENDIENTE	00:22:39	00:22:39	4:31 min/km	+00:06:37
58	PEDRO PEREZ RUBIO	348	GENERAL M	52		00:22:40	00:22:25	4:32 min/km	+00:06:38
59	MIGUEL CORROCHANO HERNANDO	187	GENERAL M	53	C.D. LA PORTIÑA	00:22:41	00:22:38	4:32 min/km	+00:06:40
60	RAÚL SANCHEZ SANCHEZ	396	CADETE M	5		00:22:46	00:22:46	4:33 min/km	+00:06:45
61	ANGEL GÓMEZ GÓMEZ	255	GENERAL M	54		00:23:05	00:22:59	4:37 min/km	+00:07:03
62	JESÚS CECA MEJÍAS	179	GENERAL M	55	TALAVERA TRAINING	00:23:10	00:23:05	4:38 min/km	+00:07:08
63	ADRIÁN DASILVA GÓMEZ	193	GENERAL M	56		00:23:27	00:23:21	4:41 min/km	+00:07:25
64	ANTONIO GÓMEZ RUBIO	269	GENERAL M	57		00:23:27	00:23:20	4:41 min/km	+00:07:25
65	DIEGO MARTIN MORENO	313	GENERAL M	58		00:23:33	00:23:20	4:42 min/km	+00:07:31
66	MANUEL RUEDA GALAN	386	GENERAL M	59	INDEPENDIENTE	00:23:34	00:23:31	4:42 min/km	+00:07:32
67	RUFINO SANCHEZ DELGADO	392	GENERAL M	60	PERGALES RUNNERS	00:23:34	00:23:29	4:42 min/km	+00:07:33
68	JOSE LUIS ESCUDERO LOPEZ	214	GENERAL M	61	INDEPENDIENTE	00:23:53	00:23:39	4:46 min/km	+00:07:51
69	DANIEL RESINO TEJERA	369	GENERAL M	62	INDEPENDIENTE	00:23:56	00:23:53	4:47 min/km	+00:07:55
70	JULIAN BODAS POZANCO	154	GENERAL M	63	SOL NACIENTE TALAVERA	00:24:00	00:23:49	4:48 min/km	+00:07:59
71	DANIEL DEL CERRO ARAUJO	200	GENERAL M	64	INDEPENDIENTE	00:24:03	00:23:59	4:48 min/km	+00:08:01
72	SERGIO GARCIA SANCHEZ	245	GENERAL M	65	EVEDEPORT RUNNERS SAN MIGUE	00:24:17	00:24:10	4:51 min/km	+00:08:16
73	JUAN DE DIOS GARCÍA GUERRERO	243	GENERAL M	66	CDE OROPESA CORRE	00:24:26	00:24:15	4:53 min/km	+00:08:24
74	CARMEN LOREDANA BURCEA	155	GENERAL F	3	INDEPENDIENTE	00:24:32	00:24:23	4:54 min/km	+00:08:30
75	LUIS FERNANDO GÓMEZ GÓMEZ	256	GENERAL M	67		00:24:34	00:24:30	4:54 min/km	+00:08:33
76	SAMUEL BERNABÉ VALERO	147	CADETE M	6		00:24:35	00:24:27	4:55 min/km	+00:08:34
77	AURORA HERNANDO CORROCHANO	289	GENERAL F	4	INDEPENDIENTE	00:24:37	00:24:33	4:55 min/km	+00:08:35
78	JESUS MANUEL RESINO PELIGROS	368	GENERAL M	68		00:24:40	00:24:36	4:56 min/km	+00:08:38
79	EUSEBIO TENA BLANCO	410	GENERAL M	69		00:24:42	00:24:29	4:56 min/km	+00:08:40
80	ANDREA SANCHEZ ACOSTA	389	GENERAL F	5		00:24:48	00:24:45	4:57 min/km	+00:08:46
81	JUAN SANTOS	400	GENERAL M	70		00:24:49	00:24:49	4:57 min/km	+00:08:47
82	DIEGO CORROCHANO GARCIA	185	GENERAL M	71	INDEPENDIENTE	00:25:14	00:25:10	5:02 min/km	+00:09:12
83	MIGUEL ÁNGEL REJÓN GÓMEZ	365	GENERAL M	72	PERGALES RUNNERS	00:25:16	00:25:11	5:03 min/km	+00:09:14
84	JAVIER MARTINEZ SIERRA	317	GENERAL M	73	INDEPENDIENTE	00:25:18	00:25:18	5:03 min/km	+00:09:16
85	PEDRO MUÑOZ GÓMEZ	332	GENERAL M	74		00:25:19	00:25:12	5:03 min/km	+00:09:17
86	IGNACIO MARTÍN MARTÍN	312	GENERAL M	75	INDEPENDIENTE	00:25:25	00:25:14	5:05 min/km	+00:09:23
87	MANUEL CUADRADO MARTIN	190	GENERAL M	76	SOL NACIENTE TALAVERA	00:25:26	00:25:14	5:05 min/km	+00:09:24
88	ANTONIO VICENTE GONZÁLEZ GÓMEZ	274	GENERAL M	77		00:25:36	00:25:28	5:07 min/km	+00:09:34



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Pos	Nombre	Dorsal	Categoría	P. Cat	Equipo	T. Oficial	T. Neto	Ritmo	Dif
89	ALEJANDRO MARTÍN CEBADERA	311	CADETE M	7	INDEPENDIENTE	00:25:44	00:25:37	5:08 min/km	+00:09:43
90	JOSE LUIS PALACIOS RESINO	341	GENERAL M	78	INDEPENDIENTE	00:25:45	00:25:45	5:09 min/km	+00:09:43
91	ANGELA COLILLA CEBADERA	182	GENERAL F	6		00:25:46	00:24:57	5:09 min/km	+00:09:44
92	JAVIER MORA SENOVILLA	328	GENERAL M	79	TALAEIA	00:25:56	00:25:43	5:11 min/km	+00:09:54
93	PAULA DEL CERRO ARAUJO	199	GENERAL F	7	INDEPENDIENTE	00:26:00	00:25:56	5:12 min/km	+00:09:58
94	ROBERTO GIL FERNANDEZ	248	GENERAL M	80		00:26:09	00:25:56	5:13 min/km	+00:10:07
95	MIGUEL ANGEL RABADAN GARCIA	356	GENERAL M	81		00:26:10	00:26:01	5:14 min/km	+00:10:09
96	MIGUEL ANGEL RABADÁN FERNÁNDEZ	355	GENERAL M	82		00:26:11	00:26:02	5:14 min/km	+00:10:10
97	ALBERTO MORALES SÁNCHEZ	329	GENERAL M	83		00:26:13	00:25:54	5:14 min/km	+00:10:11
98	RAUL CIEZA GOMEZ	181	GENERAL M	84	WESTERN WOLVES	00:26:21	00:26:11	5:16 min/km	+00:10:19
99	MARIANO FERNÁNDEZ GÓMEZ	222	GENERAL M	85		00:26:23	00:26:15	5:16 min/km	+00:10:22
100	SERGIO FERNÁNDEZ GÓMEZ	223	GENERAL M	86	INDEPENDIENTE	00:26:24	00:26:15	5:16 min/km	+00:10:22
101	JOSE ANTONIO GÓMEZ DASILVA	253	GENERAL M	87	VELADA RUNNERS	00:26:24	00:26:16	5:16 min/km	+00:10:22
102	CESAR CEREZO ARENAS	180	GENERAL M	88		00:26:24	00:26:11	5:16 min/km	+00:10:23
103	ARMANDO PIREZ ALVAREZ	349	GENERAL M	89	INDEPENDIENTE	00:26:25	00:26:09	5:17 min/km	+00:10:23
104	JESÚS JAVIER BERNAL JUANES	149	GENERAL M	90	INDEPENDIENTE	00:26:33	00:26:19	5:18 min/km	+00:10:31
105	GUSTAVO ACOSTA GÓMEZ	131	GENERAL M	91		00:26:37	00:26:29	5:19 min/km	+00:10:35
106	JOSE ANGEL RECIO MATEOS	361	GENERAL M	92	FREE RUNNERS	00:26:44	00:26:33	5:20 min/km	+00:10:42
107	DIANA CUADRADO MARTIN	189	GENERAL F	8	INDEPENDIENTE	00:26:44	00:26:33	5:20 min/km	+00:10:42
108	JESUS MANUEL MAYA MAYA	320	GENERAL M	93		00:26:53	00:26:39	5:22 min/km	+00:10:51
109	ESTHER MEGINA BLAZQUEZ	322	GENERAL F	9	WESTERN WOLVES MADRID	00:26:56	00:26:46	5:23 min/km	+00:10:54
110	LUIS EGIDO FLORES	212	GENERAL M	94	INDEPENDIENTE	00:27:00	00:26:43	5:24 min/km	+00:10:58
111	JUAN CARLOS PEREZ GARCIA	344	GENERAL M	95	INDEPENDIENTE	00:27:12	00:27:00	5:26 min/km	+00:11:10
112	DAVID LÓPEZ ROMERO	301	GENERAL M	96		00:27:18	00:27:00	5:27 min/km	+00:11:16
113	DANIEL GÓMEZ HIGUERA	258	GENERAL M	97		00:27:21	00:27:15	5:28 min/km	+00:11:19
114	JUAN JOSE JULIAN RODRIGUEZ	297	GENERAL M	98		00:27:23	00:27:13	5:28 min/km	+00:11:22
115	PATRICIA GÓMEZ MERINO	263	GENERAL F	10		00:27:24	00:27:13	5:28 min/km	+00:11:22
116	EMILIO PIREZ ALVAREZ	350	GENERAL M	99	INDEPENDIENTE	00:27:27	00:27:11	5:29 min/km	+00:11:25
117	ALBERTO GÓMEZ MOYA	265	GENERAL M	100	MIÉRCOLES A CORRER	00:27:31	00:27:22	5:30 min/km	+00:11:29
118	NICOLAS TEJERA RODRIGUEZ	408	GENERAL M	101		00:27:32	00:27:28	5:30 min/km	+00:11:30
119	CRISTINA FERNÁNDEZ DEL AMO	220	GENERAL F	11	INDEPENDIENTE	00:27:32	00:27:22	5:30 min/km	+00:11:30
120	JOSE MANUEL CORROCHANO GARCIA	186	GENERAL M	102	INDEPENDIENTE	00:27:37	00:27:31	5:31 min/km	+00:11:35
121	OSCAR GARCIA MANZANAS	244	GENERAL M	103	SOL NACIENTE TALAVERA	00:27:41	00:27:31	5:32 min/km	+00:11:39
122	CARLOS SANCHEZ GONZALEZ	393	GENERAL M	104	SOL NACIENTE TALAVERA	00:27:41	00:27:31	5:32 min/km	+00:11:39
123	PALOMA GARCIA ESPEJO	238	GENERAL F	12	INDEPENDIENTE	00:27:44	00:27:41	5:32 min/km	+00:11:42
124	CANDELA COLILLA GONZÁLEZ	183	CADETE F	1		00:27:47	00:27:47	5:33 min/km	+00:11:46
125	YOLANDA GÓMEZ REJÓN	266	GENERAL F	13		00:27:50	00:27:40	5:34 min/km	+00:11:48
126	JULIO MARTÍN BERRACO	307	GENERAL M	105		00:27:55	00:27:40	5:35 min/km	+00:11:53
127	MIGUEL ANGEL DEL PINO CORROCHANO	203	GENERAL M	106	INDEPENDIENTE	00:28:03	00:27:56	5:36 min/km	+00:12:02
128	CARLOS JAVIER SEGOVIA RODRÍGUEZ	401	GENERAL M	107	INDEPENDIENTE	00:28:09	00:27:50	5:37 min/km	+00:12:07
129	SANTIAGO SEGOVIA RODRÍGUEZ	402	GENERAL M	108	INDEPENDIENTE	00:28:11	00:27:52	5:38 min/km	+00:12:09
130	LAURA STAICULESCU	405	GENERAL F	14	INDEPENDIENTE	00:28:11	00:28:03	5:38 min/km	+00:12:09
131	ENRIQUE JOSÉ MUÑOZ ABAD	330	GENERAL M	109	INDEPENDIENTE	00:28:18	00:28:01	5:39 min/km	+00:12:16
132	AMALIA CARRETERO MARUGAN	177	GENERAL F	15	INDEPENDIENTE	00:28:40	00:28:23	5:44 min/km	+00:12:38



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133	FAUSTO OCAMPO YELMO	336	GENERAL M	110	INDEPENDIENTE	00:28:43	00:28:25	5:44 min/km	+00:12:41
134	DAVID BODAS GUTIERREZ	153	GENERAL M	111		00:28:53	00:28:29	5:46 min/km	+00:12:51
135	ANGEL POLO HORMIGOS	353	GENERAL M	112		00:28:54	00:28:42	5:46 min/km	+00:12:52
136	ANGEL MOLINA GUILLÉN	327	GENERAL M	113	TRAININGREY TELLO	00:28:59	00:28:44	5:47 min/km	+00:12:57
137	OSCAR DIAZ DIAZ	206	GENERAL M	114	CAZADORES DE TORMENTAS	00:29:16	00:29:00	5:51 min/km	+00:13:14
138	GEMA GALÁN MARTÍNEZ	234	GENERAL F	16	INDEPENDIENTE	00:29:19	00:29:12	5:51 min/km	+00:13:17
139	NICULINA VASILE	415	GENERAL F	17	INDEPENDIENTE	00:29:20	00:29:12	5:52 min/km	+00:13:18
140	SARA GREGORIO	281	GENERAL F	18	UDAT	00:29:22	00:29:20	5:52 min/km	+00:13:20
141	SERGIO RIVAS MUÑOZ	371	GENERAL M	115		00:29:27	00:29:10	5:53 min/km	+00:13:25
142	MEDEA GRACIA HERNANDEZ	280	GENERAL F	19	INDEPENDIENTE	00:29:29	00:29:24	5:53 min/km	+00:13:27
143	SERGIO CALVO FERNANDEZ	167	GENERAL M	116	INDEPENDIENTE	00:29:30	00:29:13	5:54 min/km	+00:13:28
144	IVAN MARTÍN BASILIO	305	GENERAL M	117	PANTER BIKE	00:29:30	00:29:13	5:54 min/km	+00:13:29
145	ALEJANDRO PAZOS GALOCHA	343	GENERAL M	118	INDEPENDIENTE	00:29:32	00:29:15	5:54 min/km	+00:13:31
146	JAVIER PLASENCIA CASTRO	352	GENERAL M	119	INDEPENDIENTE	00:29:38	00:29:29	5:55 min/km	+00:13:36
147	SUSANA OLLERO BALLESTEROS	339	GENERAL F	20	VELADA RUNNERS	00:29:38	00:29:28	5:55 min/km	+00:13:36
148	RUFINO GUERRA RUBIO	286	GENERAL M	120	INDEPENDIENTE	00:29:40	00:29:24	5:56 min/km	+00:13:38
149	OSCAR JIMÉNEZ ANDRÉS	292	GENERAL M	121		00:29:41	00:29:31	5:56 min/km	+00:13:39
150	CRISTINA RODRIGUEZ HERAS	378	GENERAL F	21		00:29:41	00:29:31	5:56 min/km	+00:13:39
151	MARIA MEDINA CARRICHES	321	GENERAL F	22		00:29:44	00:29:32	5:56 min/km	+00:13:42
152	VICTORIA MARTÍNEZ FERNÁNDEZ	315	GENERAL F	23		00:29:46	00:29:35	5:57 min/km	+00:13:44
153	ALVARO MERINO FERNÁNDEZ	323	CADETE M	8		00:29:52	00:29:40	5:58 min/km	+00:13:50
154	JOAQUIN CANTOS LINARES	175	GENERAL M	122	INDEPENDIENTE	00:30:15	00:29:58	6:03 min/km	+00:14:13
155	SUSANA MARTÍN CABO	310	GENERAL F	24		00:30:15	00:30:11	6:03 min/km	+00:14:13
156	FELIX SANCHEZ RODRIGO	395	GENERAL M	123	INDEPENDIENTE	00:30:16	00:29:58	6:03 min/km	+00:14:14
157	SILVIA PLASENCIA CASTRO	351	GENERAL F	25	INDEPENDIENTE	00:30:16	00:30:08	6:03 min/km	+00:14:14
158	CESAR RAMOS FIGUEROA	359	GENERAL M	124	CD EBORA RUNNERS	00:30:16	00:30:03	6:03 min/km	+00:14:14
159	ANGEL DORADO MIRANDA	211	GENERAL M	125	INDEPENDIENTE	00:30:20	00:30:06	6:04 min/km	+00:14:18
160	JOSE MARIA GONZALEZ CARDEÑA	272	GENERAL M	126		00:30:59	00:30:46	6:11 min/km	+00:14:57
161	MARGARET DOMÍNGUEZ GARCÍA	209	GENERAL F	26	INDEPENDIENTE	00:31:01	00:30:55	6:12 min/km	+00:15:00
162	FRANCISCO JAVIER JIMENEZ CARRETERO	293	GENERAL M	127	INDEPENDIENTE	00:31:06	00:30:56	6:13 min/km	+00:15:04
163	ADRIAN GONZALEZ RODRIGUEZ	278	GENERAL M	128		00:31:11	00:31:11	6:14 min/km	+00:15:09
164	MARÍA CANO CID	173	GENERAL F	27		00:31:11	00:31:11	6:14 min/km	+00:15:10
165	MARIBEL GARCÍA APARICIO	237	GENERAL F	28	INDEPENDIENTE	00:31:25	00:31:14	6:17 min/km	+00:15:23
166	ANGEL LUIS ELVIRA PAJARES	213	GENERAL M	129	INDEPENDIENTE	00:31:25	00:31:12	6:17 min/km	+00:15:24
167	NOÉ CALVO ACOSTA	161	GENERAL M	130	INDEPENDIENTE	00:31:37	00:31:16	6:19 min/km	+00:15:35
168	RAQUEL LUMBRERAS CUADRADO	303	GENERAL F	29	INDEPENDIENTE	00:31:42	00:31:30	6:20 min/km	+00:15:40
169	ANA MARIA SANCHEZ SANCHEZ	397	GENERAL F	30		00:31:56	00:31:48	6:23 min/km	+00:15:54
170	ROSABEL GARCÍA VALERO	246	GENERAL F	31	INDEPENDIENTE	00:31:56	00:31:49	6:23 min/km	+00:15:54
171	JESUS MANUEL PEREZ MOYA	345	GENERAL M	131		00:32:25	00:32:05	6:29 min/km	+00:16:23
172	OSCAR BARQUILLO PÉREZ	144	GENERAL M	132	INDEPENDIENTE	00:32:56	00:32:44	6:35 min/km	+00:16:54
173	MARÍA JOSÉ GONZÁLEZ REJÓN	277	GENERAL F	32	INDEPENDIENTE	00:32:56	00:32:44	6:35 min/km	+00:16:54
174	GEMA RODRIGUEZ HERNANDEZ	379	GENERAL F	33		00:32:58	00:32:45	6:35 min/km	+00:16:56
175	CRISTINA RAMÍREZ GAMBOA	358	GENERAL F	34	VELADA RUNNERS	00:32:58	00:32:45	6:35 min/km	+00:16:56
176	M.DE LOS LLANOS GONZÁLEZ GARCÍA	273	GENERAL F	35		00:33:02	00:32:48	6:36 min/km	+00:17:00



## V CARRERA DE LA SANDIA 5KM

Pos	Nombre	Dorsal	Categoría	P. Cat	Equipo	T. Oficial	T. Neto	Ritmo	Dif
177	EMILIO BERNAL	148	GENERAL M	133	INDEPENDIENTE	00:33:22	00:33:22	6:40 min/km	+00:17:21
178	ESMERALDA DASILVA CALVO	192	GENERAL F	36		00:33:25	00:33:06	6:41 min/km	+00:17:23
179	MIGUEL ANGEL RODRÍGUEZ RODRÍGUEZ	382	GENERAL M	134		00:33:25	00:33:06	6:41 min/km	+00:17:23
180	LORENA GIRALDO RAMIREZ	250	GENERAL F	37	INDEPENDIENTE	00:33:27	00:33:09	6:41 min/km	+00:17:25
181	AIDA CAJA RIOS	160	GENERAL F	38		00:34:06	00:33:45	6:49 min/km	+00:18:04
182	SANTIAGO GALLARDO RODRÍGUEZ	235	GENERAL M	135		00:34:09	00:33:46	6:49 min/km	+00:18:07
183	LUCÍA CALVO BERRACO	162	CADETE F	2	INDEPENDIENTE	00:34:11	00:33:50	6:50 min/km	+00:18:10
184	ALICIA BALLESTEROS ESTEBAN	141	GENERAL F	39		00:34:18	00:34:18	6:51 min/km	+00:18:16
185	BEGOÑA MARTÍN BIELSA	308	GENERAL F	40		00:35:14	00:34:59	7:02 min/km	+00:19:12
186	REYES CEBADERA CABO	178	GENERAL F	41	INDEPENDIENTE	00:35:17	00:35:13	7:03 min/km	+00:19:15
187	M.DE GRACIA GÓMEZ TEJERA	270	GENERAL F	42		00:36:05	00:35:46	7:13 min/km	+00:20:03
188	LAURA PALOMARES MORENO	342	GENERAL F	43		00:36:06	00:35:50	7:13 min/km	+00:20:04
189	MARIA SORAYA FERNANDEZ DORADO	221	GENERAL F	44		00:36:27	00:36:12	7:17 min/km	+00:20:25
190	AROA CANO FERNÁNDEZ	174	GENERAL F	45		00:36:27	00:36:12	7:17 min/km	+00:20:25
191	VICTORIA GARCÍA GALÁN	240	GENERAL F	46	VELADA RUNNERS	00:38:26	00:38:11	7:41 min/km	+00:22:25
192	SUSANA TEJERA CALVO	407	GENERAL F	47		00:38:27	00:38:06	7:41 min/km	+00:22:25
193	MARÍA DEL MAR BERRACO BALLESTERO	151	GENERAL F	48	INDEPENDIENTE	00:38:40	00:38:19	7:44 min/km	+00:22:39
194	GEMA MARTIN CABO	309	GENERAL F	49		00:40:28	00:40:24	8:05 min/km	+00:24:26
195	PAOLA GONZÁLEZ SÁNCHEZ	279	GENERAL F	50		00:40:28	00:40:24	8:05 min/km	+00:24:27
196	JESUS GÓMEZ BERRACO	252	GENERAL M	136		00:40:35	00:40:16	8:07 min/km	+00:24:33
197	M.LUISA GÓMEZ ACOSTA	251	GENERAL F	51		00:40:37	00:40:17	8:07 min/km	+00:24:35
198	ELENA CALVO BERRACO	163	CADETE F	3	INDEPENDIENTE	00:41:02	00:40:38	8:12 min/km	+00:25:00
199	MELISSA DEL PINO BERRACO	201	GENERAL F	52		00:41:42	00:41:22	8:20 min/km	+00:25:40
200	MAYTE ROCHA GÓMEZ	373	GENERAL F	53		00:41:42	00:41:21	8:20 min/km	+00:25:40
201	MARTA VAZQUEZ DOMINGUEZ	416	GENERAL F	54		00:42:17	00:41:58	8:27 min/km	+00:26:15
202	RAQUEL RODRÍGUEZ RODRÍGUEZ	380	GENERAL F	55	INDEPENDIENTE	00:42:17	00:41:58	8:27 min/km	+00:26:15
203	SILVIA FERNANDEZ BERRACO	216	GENERAL F	56		00:44:28	00:44:07	8:53 min/km	+00:28:26
204	PRADO BERRACO BALLESTERO	150	GENERAL F	57		00:44:28	00:44:06	8:53 min/km	+00:28:26
205	SOLEDAD SANTOS	399	GENERAL F	58		00:45:16	00:44:57	9:03 min/km	+00:29:14
206	ALICIA VALERO GÓMEZ	414	GENERAL F	59		00:45:17	00:44:54	9:03 min/km	+00:29:15
207	CORAL FERNANDEZ REDONDO	229	GENERAL F	60		00:45:21	00:45:01	9:04 min/km	+00:29:19
208	VERÓNICA DÍAZ SÁNCHEZ	208	GENERAL F	61	INDEPENDIENTE	00:49:32	00:49:10	9:54 min/km	+00:33:30
209	ANDREA CALVO SOBRINO	171	GENERAL F	62	VELADA RUNNERS	00:49:32	00:49:32	9:54 min/km	+00:33:31
210	M. MERCEDES POZO JIMÉNEZ	354	GENERAL F	63	VELADA RUNNERS	00:49:33	00:49:11	9:54 min/km	+00:33:31
211	DAVID AGUADO ESTRADA	133	GENERAL M	137		00:50:47	00:49:57	10:09 min/km	+00:34:45
212	REBECA FERNANDEZ SANCHEZ	230	GENERAL F	64		00:50:47	00:49:58	10:09 min/km	+00:34:45
213	MARIO HERRERO RUBIO	291	GENERAL M	138		00:50:47	00:49:58	10:09 min/km	+00:34:46
214	BEATRIZ LÓPEZ NOVO	299	GENERAL F	65	DOWN VALENCIA	00:58:16	00:57:26	11:39 min/km	+00:42:14
215	MIRIAM CAJA MARTINEZ	159	GENERAL F	66		00:58:16	00:57:24	11:39 min/km	+00:42:14
216	FELIX CORROCHANO PEINADO	188	GENERAL M	139		00:58:16	00:57:27	11:39 min/km	+00:42:14