



Fecha 17/08/2019

X SUBIDA A LOS CASTAÑOS 2019

NAVAMORCUENDE 6KM

Pos	Nombre	Dorsal	Categoría	P. Cat	Equipo	T. Oficial	T. Neto	Ritmo	Dif
1	HECTOR RAMOS DE LA PUERTA	144	SENIOR M	1	26 MILLAS	00:21:02	00:21:02	3:30 min/km	+00:00:00
2	JESUS ALVARADO CAMARA	7	VT-A M	1		00:21:55	00:21:55	3:39 min/km	+00:00:52
3	CESAR LAZARO SANCHEZ	95	SENIOR M	2	CLUB DE MONTAÑA NAVATRIL	00:21:57	00:21:57	3:39 min/km	+00:00:54
4	OSCAR DOMINGUEZ BARROSO	51	SENIOR M	3	CLUB DE MONTAÑA NAVATRIL	00:23:02	00:23:02	3:50 min/km	+00:01:59
5	ELIAS HERNANDO CORROCHANO	88	VT-A M	2		00:23:05	00:23:05	3:50 min/km	+00:02:03
6	FRANCISCO JOSE SANCHEZ NUÑEZ	173	VT-A M	3	CLUB MONTAÑA PIEDRALAVES	00:23:25	00:23:24	3:54 min/km	+00:02:22
7	OSCAR LÓPEZ MORENO	98	VT-A M	4	INDEPENDIENTE	00:23:34	00:23:34	3:55 min/km	+00:02:31
8	GREGORIO CASILLAS MUÑOZ	30	VT-A M	5		00:23:58	00:23:58	3:59 min/km	+00:02:55
9	JAVIER GUAYERBAS ROJO	83	VT-A M	6	CD EBORA RUNNERS	00:24:06	00:24:06	4:01 min/km	+00:03:04
10	ANGEL SANCHEZ MUÑOZ	172	VT-B M	1	INDEPENDIENTE	00:24:17	00:24:17	4:02 min/km	+00:03:15
11	RAÚL MAGANTO MARCOS	104	VT-A M	7	26 MILLAS	00:24:22	00:24:22	4:03 min/km	+00:03:19
12	MIGUEL ANGEL HERNANDO ARAGON	87	VT-A M	8	100% NATURAL TRAINING	00:24:25	00:24:25	4:04 min/km	+00:03:22
13	FRANCISCO MANUEL SANCHEZ SEGURA	177	VT-B M	2	INDEPENDIENTE	00:24:29	00:24:28	4:04 min/km	+00:03:27
14	JESÚS GÁMEZ GÓMEZ	65	VT-A M	9	ADC 100PIES	00:24:31	00:24:31	4:05 min/km	+00:03:29
15	JUAN ANTONIO ARAUJO FERNÁNDEZ	10	VT-A M	10	26 MILLAS	00:24:48	00:24:48	4:08 min/km	+00:03:46
16	JUANJO GOMEZ OLMEDO	77	VT-A M	11	TALAVERA TRAINING	00:24:59	00:24:58	4:09 min/km	+00:03:57
17	JUAN PEDRO MOLLEJO MESONERO	114	SENIOR M	4	C.D.CIUDAD DE ARGANDA	00:25:16	00:25:15	4:12 min/km	+00:04:14
18	JOSÉ PEÑA TEJERO	134	VT-B M	3	INDEPENDIENTE	00:25:22	00:25:22	4:13 min/km	+00:04:20
19	JAVIER FLORES MARTÍN	58	VT-B M	4	TALAVERA TRAINING	00:25:29	00:25:29	4:14 min/km	+00:04:27
20	JESÚS GÁMEZ PAREDES	67	SENIOR M	5	ADC 100PIES	00:25:51	00:25:50	4:18 min/km	+00:04:49
21	JUAN CARLOS RODRIGUEZ RIVERA	152	VT-B M	5	ATLETISMO ARENAS	00:26:13	00:26:13	4:22 min/km	+00:05:11
22	FELIX BLAZQUEZ SERRANO	20	VT-B M	6		00:26:15	00:26:15	4:22 min/km	+00:05:12
23	ROBERTO URDIALES SANCHEZ	182	VT-A M	12	INDEPENDIENTE	00:26:20	00:26:17	4:23 min/km	+00:05:17
24	DAVID JIMENEZ RUBIALES	192	VT-A M	13		00:26:33	00:26:33	4:25 min/km	+00:05:30
25	RUBEN OVIEDO GALAN	128	SENIOR M	6	INDEPENDIENTE	00:26:42	00:26:42	4:27 min/km	+00:05:39
26	VICTOR MANUEL GAMEZ MORALES	66	SENIOR M	7	TALAVERA TRAINING	00:26:43	00:26:37	4:27 min/km	+00:05:41
27	VICENTE MUÑOZ ORTIZ	123	VT-A M	14	LECHONES MAKINEROS	00:26:50	00:26:50	4:28 min/km	+00:05:47
28	JUSTO CANO CANO	26	VT-A M	15	NAVAMORCUENDE CORRE	00:26:51	00:26:51	4:28 min/km	+00:05:49
29	FRANCISCO JAVIER BLANCO MORENO	17	VT-B M	7	TALAVERA TEAM	00:27:02	00:27:00	4:30 min/km	+00:05:59
30	DAVIS CUESTING	41	SENIOR M	8	INDEPENDIENTE	00:27:19	00:27:16	4:33 min/km	+00:06:17
31	VÍCTOR SÁNCHEZ BLÁZQUEZ	166	SENIOR M	9	INDEPENDIENTE	00:27:20	00:27:14	4:33 min/km	+00:06:18
32	JOSÉ ANTONIO PRIETO MARTIN	143	VT-A M	16	MORATEM	00:27:22	00:27:21	4:33 min/km	+00:06:19
33	ISRAEL GONZÁLEZ PULIDO	81	SENIOR M	10	INDEPENDIENTE	00:27:26	00:27:26	4:34 min/km	+00:06:24
34	DANIEL HERNANDO DEL PINO	89	SENIOR M	11	FROG RUNNERS	00:27:38	00:27:34	4:36 min/km	+00:06:35
35	LAURA COMINO ROBLES	35	SENIOR F	1	NAVAMORCUENDE CORRE	00:27:38	00:27:36	4:36 min/km	+00:06:36
36	CARLOS DOMÍNGUEZ BARROSO	52	SENIOR M	12	CLUB DE MONTAÑA NAVATRIL	00:27:41	00:27:39	4:36 min/km	+00:06:39
37	JAVIER MORENO SÁNCHEZ	121	SENIOR M	13	INDEPENDIENTE	00:27:44	00:27:40	4:37 min/km	+00:06:42
38	RUBEN MARTIN LAZARO	191	VT-A M	17		00:27:45	00:27:38	4:37 min/km	+00:06:43
39	ÁLVARO SÁNCHEZ ÁLVAREZ	164	SENIOR M	14	CDE NAVATRIL	00:27:46	00:27:44	4:37 min/km	+00:06:44
40	JESUS MONTEALEGRE GUDIEL	116	SENIOR M	15	CHULETRAINING	00:27:46	00:27:44	4:37 min/km	+00:06:44
41	LUIS PERANDONES DELGADO	136	VT-A M	18	EL BICHO	00:27:50	00:27:50	4:38 min/km	+00:06:47
42	JUAN ANTONIO JARAMILLO RODRIGUEZ	92	VT-A M	19	INDEPENDIENTE	00:27:58	00:27:44	4:39 min/km	+00:06:56
43	ENRIQUE FABIAN PATIÑO GARCIA	130	SENIOR M	16	VELADA RUNNERS	00:28:08	00:28:08	4:41 min/km	+00:07:05
44	EVA ENGENIOS GONZALEZ	54	VT-A F	1	TALAVERA TRAINING	00:28:19	00:28:18	4:43 min/km	+00:07:17



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NAVAMORCUENDE 6KM

Pos	Nombre	Dorsal	Categoría	P. Cat	Equipo	T. Oficial	T. Neto	Ritmo	Dif
45	ROBERTO MORENO PEINADO	120	VT-A M	20	NAVAMORCUENDE CORRE	00:28:21	00:28:21	4:43 min/km	+00:07:19
46	CARLOS RODRIGUEZ HORCAJO	150	VT-A M	21	NAVAMORCUENDE CORRE	00:28:32	00:28:32	4:45 min/km	+00:07:29
47	ANTONINO PAVON MARTIN	131	VT-B M	8	C.D.CARKSIDE TRIATLON TALAVER	00:28:38	00:28:38	4:46 min/km	+00:07:35
48	FLORENCIO FUENTES MARTIN	62	VT-B M	9		00:28:40	00:28:31	4:46 min/km	+00:07:38
49	FERNANDO GÓMEZ DASILVA	76	VT-B M	10	VELADA RUNNERS	00:28:43	00:28:43	4:47 min/km	+00:07:41
50	SERGIO SÁNCHEZ MARCOS	171	VT-A M	22	INDEPENDIENTE	00:28:45	00:28:42	4:47 min/km	+00:07:43
51	CELESTINO ROMO SUÁREZ	159	VT-B M	11	CLUB MONTAÑA EL SABINAL	00:28:46	00:28:43	4:47 min/km	+00:07:44
52	JOSÉ MARIA BLÁZQUEZ ROJO	19	SENIOR M	17	TRIWOLF TALAVERA	00:29:04	00:28:58	4:50 min/km	+00:08:01
53	RUBÉN LUNA LÓPEZ	102	SENIOR M	18	CLUB DE MONTAÑA NAVATRIL	00:29:05	00:29:00	4:50 min/km	+00:08:03
54	EDUARDO FUENTES FUENTES	61	SENIOR M	19	NAVATRIL	00:29:12	00:28:57	4:52 min/km	+00:08:09
55	ALEJANDRO PIREZ GARCIA	142	VT-A M	23	CLUB DE MONTAÑA NAVATRIL	00:29:16	00:29:11	4:52 min/km	+00:08:13
56	GUSTAVO GUDIEL MACHIN	85	VT-A M	24	C.D.DARKSIDE TRIATLON TALAVER	00:29:17	00:29:17	4:52 min/km	+00:08:15
57	JAVIER BARRAJON SANCHEZ	13	VT-A M	25	NAVAMORCUENDE CORRE	00:29:28	00:29:28	4:54 min/km	+00:08:25
58	JAVIER ORDUÑEZ AMIGO	127	VT-A M	26	INDEPENDIENTE	00:29:28	00:29:25	4:54 min/km	+00:08:26
59	DANIEL GONZÁLEZ CAMINO	79	SENIOR M	20	INDEPENDIENTE	00:29:32	00:29:22	4:55 min/km	+00:08:30
60	ALBERTO COLADO MANSILLA	33	SENIOR M	21		00:29:37	00:29:26	4:56 min/km	+00:08:34
61	RUBEN MARCOS FERNANDEZ	107	VT-A M	27	TALAVERA TRAINING	00:29:50	00:29:42	4:58 min/km	+00:08:47
62	ANGEL SÁNCHEZ JAÉN	169	VT-B M	12	INDEPENDIENTE	00:29:53	00:29:41	4:58 min/km	+00:08:51
63	ENRIQUE ALONSO MONJA	5	VT-B M	13	NAVAMORCUENDE CORRE	00:29:57	00:29:57	4:59 min/km	+00:08:54
64	JESÚS MARIA PEÑAS IGLESIA	135	VT-A M	28		00:29:57	00:29:52	4:59 min/km	+00:08:55
65	BORJA VALERO BENITO	184	SENIOR M	22	INDEPENDIENTE	00:29:58	00:29:52	4:59 min/km	+00:08:55
66	ALEJANDRO CANO PALOMINO	29	SENIOR M	23	INDEPENDIENTE	00:30:03	00:29:54	5:00 min/km	+00:09:00
67	JUAN JOSÉ DE PAZ MARTIN	45	SENIOR M	24	INDEPENDIENTE	00:30:03	00:29:54	5:00 min/km	+00:09:01
68	JOSÉ CARLOS ROJO ARRIERO	154	VT-A M	29	CLUB DE MONTAÑA NAVATRIL	00:30:13	00:30:09	5:02 min/km	+00:09:10
69	RAUL VEGA SALAS	185	VT-A M	30		00:30:13	00:30:12	5:02 min/km	+00:09:11
70	MARIO DE LA ROSA REPOLLO	43	VT-A M	31	INDEPENDIENTE	00:30:15	00:30:01	5:02 min/km	+00:09:12
71	JOSE MARIA MARTIN ARAGON	109	VT-B M	14	INDEPENDIENTE	00:30:20	00:30:20	5:03 min/km	+00:09:18
72	JUAN MIGUEL GARRIDO HERNANZ	74	VT-A M	32	NAVAMORCUENDE CORRE	00:30:21	00:30:21	5:03 min/km	+00:09:18
73	SONIA MORENO GÓMEZ	118	VT-A F	2	CLUB CIEMPIES	00:30:22	00:30:19	5:03 min/km	+00:09:20
74	JUAN CARLOS COMINO HERRANZ	34	VT-B M	15	AEROGIM 2000	00:30:24	00:30:20	5:04 min/km	+00:09:21
75	DANIEL CORONEL ORTEGA	36	VT-A M	33	INDEPENDIENTE	00:30:24	00:30:14	5:04 min/km	+00:09:21
76	IVÁN SÁNCHEZ ROJO	175	SENIOR M	25	INDEPENDIENTE	00:30:30	00:30:27	5:05 min/km	+00:09:27
77	JACINTO BIELSA PEREZ	16	VT-B M	16	TRIWOLF TALAVERA	00:30:49	00:30:44	5:08 min/km	+00:09:47
78	IGNACIO MANZANO GORDILLO	106	SENIOR M	26	INDEPENDIENTE	00:30:50	00:30:50	5:08 min/km	+00:09:47
79	RUBEN ROMERO RODRIGUEZ	157	VT-A M	34	C.D.PORTIÑA	00:30:51	00:30:46	5:08 min/km	+00:09:49
80	MIGUEL CORROCHANO HERNANDO	37	VT-B M	17	C.D. LA PORTIÑA	00:30:59	00:30:51	5:09 min/km	+00:09:57
81	CESAR VELASCO FERNÁNDEZ	187	VT-B M	18	C M NAVATRIL	00:31:01	00:30:58	5:10 min/km	+00:09:58
82	FRANCISCO JAVIER GUDIEL BRAVO	84	VT-B M	19	CHULETRAINING	00:31:04	00:30:55	5:10 min/km	+00:10:01
83	JAVIER SANCHEZ ARRIAGA	165	VT-B M	20		00:31:04	00:30:58	5:10 min/km	+00:10:02
84	DIEGO REDONDO GARCIA	145	SENIOR M	27		00:31:07	00:30:55	5:11 min/km	+00:10:05
85	JOSÉ JAVIER CALVO GARCÍA	23	VT-A M	35	CHULETRAIN	00:31:09	00:31:04	5:11 min/km	+00:10:06
86	ROSA MARIA CALERO BLAZQUEZ	22	VT-B F	1	TCR TEAM	00:31:17	00:31:16	5:12 min/km	+00:10:15
87	FCO. JAVIER MANSO MORENO	105	VT-A M	36	INDEPENDIENTE	00:31:21	00:31:12	5:13 min/km	+00:10:18
88	MIGUEL ANGEL HUERTAS GONZALEZ-CARF	90	VT-A M	37	CLUB DE MONTAÑA NAVATRIL	00:31:23	00:31:19	5:13 min/km	+00:10:21



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NAVAMORCUENDE 6KM

Pos	Nombre	Dorsal	Categoría	P. Cat	Equipo	T. Oficial	T. Neto	Ritmo	Dif
89	ANGELA ARAUJO FERNANDEZ	9	VT-B F	2	INDEPENDIENTE	00:31:25	00:31:17	5:14 min/km	+00:10:22
90	JOSE MARIA RODRIGUEZ LORENZO	151	VT-A M	38	INDEPENDIENTE	00:31:36	00:31:28	5:16 min/km	+00:10:34
91	OSCAR PINO CARRASCO	139	SENIOR M	28	INDEPENDIENTE	00:31:38	00:31:36	5:16 min/km	+00:10:36
92	ÁNGEL LUIS LÓPEZ - HERMOSO	97	SENIOR M	29	INDEPENDIENTE	00:31:44	00:31:37	5:17 min/km	+00:10:42
93	JESUS SÁNCHEZ JÁEN	170	VT-B M	21	INDEPENDIENTE	00:31:47	00:31:35	5:17 min/km	+00:10:44
94	JONATHAN LOPEZ	96	SENIOR M	30		00:31:51	00:31:51	5:18 min/km	+00:10:49
95	CRISTINA DE LA FUENTE LINARES	42	VT-A F	3	CLUB MONTAÑA PIEDRALAVES	00:31:58	00:31:54	5:19 min/km	+00:10:55
96	ANA LUCAS PÉREZ	101	VT-A F	4	CLUB DE MONTAÑA NAVATRIL	00:32:00	00:31:50	5:20 min/km	+00:10:57
97	EVA MARÍA PÉREZ LÓPEZ	138	VT-A F	5	MÁXIMO TRAIL	00:32:02	00:31:53	5:20 min/km	+00:10:59
98	JOSÉ MANUEL DELGADO MARTÍNEZ	48	VT-B M	22	INDEPENDIENTE	00:32:13	00:32:00	5:22 min/km	+00:11:11
99	ALEJANDRO VALERA PÉREZ	183	SENIOR M	31	LOS DESPEÑACABRAS	00:32:18	00:32:02	5:23 min/km	+00:11:15
100	FRANCISCO JAVIER PEDRAZA VERDUGO	132	VT-A M	39	INDEPENDIENTE	00:32:19	00:32:06	5:23 min/km	+00:11:16
101	BRUNO MONJE ENRIQUE	115	SENIOR M	32		00:32:20	00:32:10	5:23 min/km	+00:11:18
102	CARLOS VELASCO FERNANDEZ	186	VT-B M	23	C M NAVATRIL	00:32:23	00:32:20	5:23 min/km	+00:11:20
103	EVENCIO OLIVA GÓMEZ	126	VT-A M	40	100PIES CALERA	00:32:27	00:32:19	5:24 min/km	+00:11:24
104	DEMETRIO JULIAN GARCÍA GARVÍN	70	VT-A M	41	INDEPENDIENTE	00:32:31	00:32:31	5:25 min/km	+00:11:29
105	NOELIA DOMINGO ARELLANO	50	SENIOR F	2	INDEPENDIENTE	00:32:31	00:32:27	5:25 min/km	+00:11:29
106	JESÚS CECA MEJÍAS	32	SENIOR M	33	TALAVERA TRAINING	00:32:45	00:32:32	5:27 min/km	+00:11:43
107	JAIME FIERRO MARTIN	56	VT-A M	42	INDEPENDIENTE	00:32:58	00:32:42	5:29 min/km	+00:11:55
108	ALEX ALONSO SALCEDO	6	SENIOR M	34		00:32:58	00:32:58	5:29 min/km	+00:11:55
109	ABRAHAM MORENO MORENO	119	VT-B M	24	ADC 100PIES	00:33:13	00:33:05	5:32 min/km	+00:12:10
110	IGNACIO RESINO LAZARO	146	SENIOR M	35		00:33:17	00:33:09	5:32 min/km	+00:12:14
111	HENAR LAZARO CANDELA	94	VT-A F	6	CERRO DEL BÙ	00:33:20	00:33:13	5:33 min/km	+00:12:17
112	JOAQUÍN SÁNCHEZ	163	VT-B M	25	INDEPENDIENTE	00:33:20	00:33:09	5:33 min/km	+00:12:18
113	ANGEL GOMEZ PEÑALVER	78	VT-A M	43	CERRO DEL BÙ	00:33:20	00:33:14	5:33 min/km	+00:12:18
114	JESUS ANGEL ROJO ARANDA	153	VT-A M	44	INDEPENDIENTE	00:33:23	00:33:17	5:33 min/km	+00:12:20
115	FRANCISCO AYUSO GIRON	12	VT-B M	26		00:33:30	00:33:15	5:35 min/km	+00:12:27
116	JOSE ANGEL ARAUJO RUIZ	11	SENIOR M	36	INDEPENDIENTE	00:33:31	00:33:25	5:35 min/km	+00:12:28
117	MIGUEL ANGEL LOPEZ RUBIO	99	VT-A M	45	CLUB DE MONTAÑA NAVATRIL	00:33:35	00:33:29	5:35 min/km	+00:12:32
118	JOSÉ ANTONIO MOLINA OLIVA	113	SENIOR M	37		00:33:37	00:33:31	5:36 min/km	+00:12:34
119	PABLO CRUZADO SANCHEZ	38	SENIOR M	38		00:33:38	00:33:33	5:36 min/km	+00:12:36
120	MIGUEL ANGEL CRUZADO VIVAS	39	VT-B M	27		00:33:39	00:33:34	5:36 min/km	+00:12:36
121	DAVID GARCIA DIAZ	68	VT-A M	46		00:33:56	00:33:44	5:39 min/km	+00:12:54
122	MIGUEL ÁNGEL FERNÁNDEZ MUÑOZ	55	SENIOR M	39	INDEPENDIENTE	00:34:02	00:33:51	5:40 min/km	+00:12:59
123	MANUEL CUADRADO MARTÍN	40	VT-B M	28	SOL NACIENTE TALAVERA	00:34:06	00:33:52	5:41 min/km	+00:13:04
124	BORJA .	72	SENIOR M	40		00:34:13	00:34:01	5:42 min/km	+00:13:10
125	ARMANDO PIREZ ALVAREZ	140	VT-A M	47	NAVAMORCUENDE CORRE	00:34:13	00:34:02	5:42 min/km	+00:13:10
126	PAULA DEL CERRO ARAUJO	46	SENIOR F	3	INDEPENDIENTE	00:34:15	00:34:06	5:42 min/km	+00:13:12
127	JOSE DEL CERRO TIMON	47	VT-B M	29	INDEPENDIENTE	00:34:15	00:34:07	5:42 min/km	+00:13:13
128	LUIS SACRISTÁN MORAGA	162	VT-A M	48		00:34:16	00:34:01	5:42 min/km	+00:13:13
129	CARLOS ROMO DE LA LLAVE	158	SENIOR M	41		00:34:17	00:34:17	5:42 min/km	+00:13:15
130	MIGUEL ANGEL ALARCON MAYORDOMO	1	VT-B M	30	INDEPENDIENTE	00:34:23	00:34:20	5:43 min/km	+00:13:20
131	JOSÉ FERNANDO RIVAS MUÑOZ	149	VT-A M	49	SOL NACIENTE	00:34:25	00:34:12	5:44 min/km	+00:13:22
132	MIRIAM BERNARDO SÁNCHEZ	15	SENIOR F	4	INDEPENDIENTE	00:34:38	00:34:31	5:46 min/km	+00:13:36



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133	MARTIN SANCHEZ SALINERO	176	VT-B M	31		00:34:50	00:34:43	5:48 min/km	+00:13:48
134	SUSANA CASTAÑO FERNÁNDEZ	31	SENIOR F	5	INDEPENDIENTE	00:35:03	00:35:03	5:50 min/km	+00:14:01
135	ALBERTO FLORES RIVAS	60	SENIOR M	42	MORÁN TEAM	00:35:04	00:35:04	5:50 min/km	+00:14:01
136	JAVIER MENCIA JIMÉNEZ	112	SENIOR M	43	INDEPENDIENTE	00:35:04	00:34:59	5:50 min/km	+00:14:02
137	DAVID MEJIAS	190	VT-B M	32		00:35:04	00:34:55	5:50 min/km	+00:14:02
138	FIDEL MOYA SÁNCHEZ	122	VT-B M	33	SOL NACIENTE	00:35:06	00:34:52	5:51 min/km	+00:14:04
139	ALVARO SANCHEZ RODRIGUEZ	174	SENIOR M	44		00:35:07	00:35:07	5:51 min/km	+00:14:05
140	DAVID VELEZ	189	SENIOR M	45	TRITONES DE LEGANES	00:35:19	00:35:19	5:53 min/km	+00:14:16
141	DAVID GARCIA JAEN	71	SENIOR M	46	INDEPENDIENTE	00:35:21	00:35:21	5:53 min/km	+00:14:18
142	DIEGO VELASCO PEDROCHE	188	SENIOR M	47	C M NAVATRIL	00:35:23	00:35:18	5:53 min/km	+00:14:20
143	ALBERTO LUNA SEQUERA	103	SENIOR M	48	INDEPENDIENTE	00:35:24	00:35:08	5:54 min/km	+00:14:21
144	EMILIO DIONISIO GOMEZ CANO	75	VT-A M	50	INDEPENDIENTE	00:35:31	00:35:18	5:55 min/km	+00:14:29
145	SERGIO RIVAS MUÑOZ	148	VT-A M	51	VELADA RUNNRES	00:35:43	00:35:29	5:57 min/km	+00:14:41
146	JUAN JOSÉ MARTÍNEZ MORENO	111	VT-A M	52		00:35:43	00:35:27	5:57 min/km	+00:14:41
147	RUFINO GUERRA RUBIO	86	VT-A M	53		00:35:44	00:35:44	5:57 min/km	+00:14:41
148	IVAN ALCOLEA DOMINGO	2	SENIOR M	49	INDEPENDIENTE	00:35:50	00:35:42	5:58 min/km	+00:14:47
149	JOSÉ LUIS OCAÑA VALBUENA	125	VT-B M	34		00:36:10	00:36:10	6:01 min/km	+00:15:07
150	JOSÉ ALBERTO FLORES MUÑOZ	59	VT-A M	54	INDEPENDIENTE	00:36:12	00:36:02	6:02 min/km	+00:15:09
151	MONTERRAT LOPEZ VICIOSO	100	VT-A F	7	TALAVERA TRAINING	00:36:22	00:36:15	6:03 min/km	+00:15:20
152	LUIS BARROSO YELMO	14	VT-B M	35	TALAVERA TRAINING	00:36:23	00:36:17	6:03 min/km	+00:15:21
153	MEDEA SÁNCHEZ FERNÁNDEZ	167	VT-A F	8	TIERRA TRÁGATE	00:36:27	00:36:18	6:04 min/km	+00:15:24
154	JOSÉ LUIS MUÑOZ RAMIREZ	124	VT-A M	55	INDEPENDIENTE	00:36:35	00:36:25	6:05 min/km	+00:15:33
155	RUFINO FUENTES SANCHEZ	63	VT-B M	36	INDEPENDIENTE	00:36:39	00:36:35	6:06 min/km	+00:15:36
156	AGNÈS ROUX	160	VT-B F	3	INDEPENDIENTE	00:36:53	00:36:40	6:08 min/km	+00:15:50
157	SONIA PAREDES	129	SENIOR F	6	RUNNERS DE PUEBLO	00:37:00	00:36:47	6:10 min/km	+00:15:58
158	MARIA MARTIN	108	VT-A F	9	RUNNERS DE PUEBLO	00:37:01	00:36:48	6:10 min/km	+00:15:58
159	SERGIO MARTIN VIDALES	110	SENIOR M	50		00:37:34	00:37:34	6:15 min/km	+00:16:32
160	EMILIO PIREZ ALVAREZ	141	VT-B M	37		00:37:39	00:37:29	6:16 min/km	+00:16:37
161	MIRIAM ROMERO GARCIA	156	VT-A F	10		00:38:07	00:37:59	6:21 min/km	+00:17:05
162	CARLOS JAVIER SEGOVIA RODRÍGUEZ	178	SENIOR M	51	INDEPENDIENTE	00:38:08	00:37:54	6:21 min/km	+00:17:05
163	SONIA PEINADO FERNANDEZ	133	VT-A F	11		00:38:08	00:38:00	6:21 min/km	+00:17:06
164	JUAN JOSE DE PAZ AGUADO	44	VT-B M	38	INDEPENDIENTE	00:38:17	00:38:01	6:22 min/km	+00:17:14
165	MARÍA JOSE ALONSO LOPEZ	4	VT-B F	4		00:38:30	00:38:22	6:25 min/km	+00:17:27
166	SANTIAGO SEGOVIA RODRÍGUEZ	179	SENIOR M	52	INDEPENDIENTE	00:38:30	00:38:17	6:25 min/km	+00:17:28
167	BELEN CANO LOPEZ	27	VT-A F	12	CLUB DE MONTAÑA NAVATRIL	00:40:22	00:40:06	6:43 min/km	+00:19:19
168	FRANCISCO JAVIER JIMENEZ CARRETERO	93	VT-A M	56	INDEPENDIENTE	00:40:47	00:40:37	6:47 min/km	+00:19:45
169	ALBERTO REVOSO MONTOYA	147	VT-A M	57		00:40:48	00:40:48	6:48 min/km	+00:19:46
170	JULIAN SANCHEZ GARCIA	168	VT-A M	58		00:40:48	00:40:43	6:48 min/km	+00:19:46
171	JOSÉ MANUEL SEQUERA TUBILLA	180	SENIOR M	53	DESPEÑACABRAS	00:40:53	00:40:37	6:48 min/km	+00:19:51
172	MIGUEL ÁNGEL SUÁREZ VALERA	181	SENIOR M	54	LOS DESPEÑACABRAS	00:40:54	00:40:37	6:49 min/km	+00:19:51
173	MARIA FLORES LLORENTE	57	SENIOR F	7		00:40:54	00:40:43	6:49 min/km	+00:19:51
174	MIGUEL ÁNGEL ALMAGRO BELTRÁN	3	VT-B M	39	INDEPENDIENTE	00:42:04	00:42:02	7:00 min/km	+00:21:01
175	ALBERTO ARAQUE PASTOR	8	VT-A M	59	INDEPENDIENTE	00:42:08	00:41:58	7:01 min/km	+00:21:05
176	JORGE CANO MARTIN	28	VT-B F	5	NAVATRIL	00:42:08	00:41:57	7:01 min/km	+00:21:06

X SUBIDA A LOS CASTAÑOS 2019

NAVAMORCUENDE 6KM



Pos	Nombre	Dorsal	Categoría	P. Cat	Equipo	T. Oficial	T. Neto	Ritmo	Dif
177	BLAS .	73	SENIOR M	55	INDEPENDIENTE	00:44:08	00:43:58	7:21 min/km	+00:23:06
178	JAIME CANALES TARDON	24	VT-B M	40	UDAT	00:45:42	00:45:28	7:37 min/km	+00:24:40